



IUPUI Senior Academy Series: **Where to Live**

Select Resources for Decision Making (please note that several of the links require the use of the websites' search feature in order to find a particular topic, article, or webinar)

Decision Making Tools

AARP offers a number of articles of interest. Use the search function of its website <https://www.aarp.org/>

Article: "Which Type of Housing Is Best for You? By Elinor Ginzler

Also check out:

- ⇒ What is a livable home?
- ⇒ Home safety checklists
- ⇒ Home maintenance checklists by season
- ⇒ Video assessing housing options

Article: "Choosing the Right Type of Senior Living" <https://www.wherelivematters.org/> about the rationale associated with each type of living environment.

Continuing Care Retirement Selection

CARF International (Commission on Accreditation of Rehabilitation Facilities) www.carf.org

- ⇒ Retirement Living Guides
- ⇒ Explanation of Accreditation
- ⇒ Consumer Guide to Understanding Financial Performance in a CCRC
- ⇒ How to select a CCRC

AARP Webcast: "Learning About Continuing Care Retirement Communities" www.aarp.org

American Senior Housing Associations

www.wherelivematters.org

- ⇒ Checklists on Downsizing and Moving
- ⇒ CCRC Visit
- ⇒ Home Safety
- ⇒ Choosing the Right Type of Senior Living



Information on Facility-Based Long-Term Care

- Center for Medicare and Medicaid Services www.medicare.gov
- National Association of Area Agencies on Aging www.n4a.org
- Eldercare Locator <http://eldercare.acl.gov>
- Leading Edge Indiana www.leadingageindiana.org
 - An Association representing not-for-profit providers for the elderly. Members represent the continuum of long-term care services and housing for seniors in Indiana.
 - Decision making tools including Information on planning and paying for Aging Services. Site contains a financial terms glossary.

Information on Staying in Place

- AARP webinar: “Making Your Home Fit You” www.aarp.org
- AARP Home Fit Guide, Free 36-page room-by-room guide www.aarp.org
- Article: “[8 Issues You Must Address if You Plan to Retire in Place](https://money.usnews.com/money/blogs/on-retirement),” by David Hughes <https://money.usnews.com/money/blogs/on-retirement>
- Article: “Retiring and Want to Stay in Your Home? Here Are Your Options,” by Alessandra Malito www.marketwatch.com

ADD YOUR OWN NOTES:



Cost Comparison Tool

(Between current expenses and potential residency)

Expense	Current Monthly Exp.	Included in Monthly Fee?
Mortgage	_____	_____
Rent	_____	_____
Property Insurance	_____	_____
Condominium/Homeowner Fee	_____	_____
Meals	_____	_____
Gas	_____	_____
Water/Sewer	_____	_____
Electricity	_____	_____
Trash Collection/Recycling	_____	_____
Telephone (land line)	_____	_____
Property Taxes	_____	_____
Local/School Taxes	_____	_____
High Speed Wireless Internet Svc.**	_____	_____
Basic Cable TV**	_____	_____
Lawn Service (mowing, spray, aeration)	_____	_____
Grounds Keeping (weeding, raking etc.)	_____	_____
Snow removal	_____	_____
Gutter Cleaning	_____	_____
Basic Housekeeping	_____	_____
Pest Control	_____	_____
Major Home Upkeep (water softener, etc.)	_____	_____
Replacement Fund (furnace, roofing, etc.)	_____	_____
Indoor Maintenance (appliance repair)	_____	_____
Health Club Fee	_____	_____
24-hour urgent call response system	_____	_____
24-hour security system	_____	_____
Transportation to local shopping	_____	_____
Social, recreational, educational programs	_____	_____
In-home care giver service	_____	_____

** Make sure you are comparing comparable services.